Safety Tips for Litter Cleanups

- Wear gloves and other protective clothing or equipment appropriate to the task. Wear close-toed sturdy soled shoes to protect from nails and other sharp objects.

- Gloves should be thick and not easily penetrable by sharp objects. Sometimes sharp objects are hidden amongst the garbage, weeds, bushes or ivy.

- Be easily seen - wear bright clothing or a reflective clothing or orange vest. Wear hat or sunscreen in sun. Have a first aid kit nearby during the cleanup.

- Do Not pick up PPE with your gloved hands - **Use a Litter Grabber!**

- **Do not pick up needles, syringes or other dangerous or hazardous materials.** If you encounter needles or hazardous materials like human waste, car batteries, toxic liquids or large objects, please **leave them**. Take a photo, not a close-up, but one showing the location, mark the spot if needed, and let us know ASAP. Send an email with photos to info@sanrafaelvolunteers.org or call (415) 485-3071. Note: this is not a cell phone, so no text messages.

- Always watch for cars and other people – protect yourself and those you are working with. **Stay out of the street and a safe distance back from traffic.**

- Use good back mechanics. Be careful if you already have any pain or injuries. Work up hill when working on slopes - don’t bend downhill. **Do not go on steep slopes.**

- If you get hurt while volunteering, please tell your family or friends cleaning with you ASAP. Have them contact the Volunteer Program at (415) 485-3071 or at info@sanrafaelvolunteers.org as soon as possible after assisting with your injury.

- In an emergency, call 911 immediately.

*Thank You!*